

USEFUL INFORMATION

ARROYOMOLINOS DE LEÓN

••• Accommodation

CORTIJO LOS BOGONALES

Finca El Pozuelo
21280 Arroyomolinos de León
689 710 401

••• Active Tourism

ALMA NATURA EDUCACIÓN, OCIO Y TIEMPO LIBRE, S.L.L

C/ Ánimas, 1
21280 Arroyomolinos de León
959 197 729

CALA

••• Accommodation

LA CAÑÁ DEL CORCHUELO

Paraje Javata, s/n
21270 Cala
959 191 383

••• Restaurants

LAS TRES ENCINAS

Urbanización Juan del Cid Calonge
21270 Cala
630 382 402

ROMERO

C/ Corazón de Jesús, 44
21270 Cala
959 106 103

CUMBRES DE SAN BARTOLOMÉ

••• Accommodation

LA FONDA DEL CASTILLO

C/ Castillo, s/n
21386 Cumbres de San Bartolomé
959 721 133

••• Restaurants

BAR RESTAURANTE PERICO

C/ Monjas, 1
21386 Cumbres de San Bartolomé
606 948 510

CUMBRES MAYORES

104 ••• Accommodation

MAYMA

Paseo de Andalucía, 14
21380 Cumbres Mayores
959 710 592

••• Restaurants

LAS CABAÑAS

Finca La Lancha, Km. 2
21380 Cumbres Mayores
959 710 372

MAYMA

C/ Andalucía, 14
21380 Cumbres Mayores
959 710 592

MESÓN PATA CHICA

C/ Antonio Machado, 1
21380 Cumbres Mayores

ENCINASOLA

•••Accommodation

UMBRÍA LA VÍBORA

Ctra. Encinasola- La Nava, Km. 20,3
21390 Encinasola
607 609 606

RINCÓN DEL ABADE

C/ Llano de San Juan, s/n
21390 Encinasola
959 714 536

•••Restaurants

BARRILITO

C/ Portugal, 1
21390 Encinasola
959 714 455

EL RINCÓN

Plaza Mayor, 5
21390 Encinasola

EMIGRANTE

C/ Portugal, 2
21390 Encinasola
959 714 154

RINCÓN DEL ABADE

C/ Llano de San Juan, s/n
21390 Encinasola
959 714 536

HINOJALES

•••Accommodation

SIERRA TORTOLA

C/ Arriba, 8
21389 Hinojales
959 722 731

•••Restaurants

SIERRA TORTOLA

C/ Arriba, 6-8
21389 Hinojales
959 722 731

SANTA OLALLA DEL CALA

•••Accommodation

CASA OLALLA

Avenida de Andalucía, 60
21260 Santa Olalla del Cala
959 190 559

LOS SAUCES

Ctra. 630, Km. 755,5. Paraje Cuartón.
Dehesa Los Sauces.
21260 Santa Olalla del Cala
618 710 297

CARMELO

C/ Marina Española, 23
21260 Santa Olalla del Cala
959 190 169

•••Restaurants

CARMELO

C/ Marina Española, 23
21260 Santa Olalla del Cala

MESÓN RÚSTICO LA ÉPOCA

Avda. Marina Española, 46
21260 Santa Olalla del Cala
959 190 100

PRIMITIVO

C/ Marina Española, 3
21260 Santa Olalla del Cala
959 190 052

AURELIA

Ctra. Sevilla-Mérida, Km. 408
21260 Santa Olalla del Cala
959 190 202

••• Active Tourism

TEULER AVENTURA, S.L

C/ Blas Infante, 2
21260 Santa Olalla del Cala
670 332 390

LIST OF SPECIES

FLORA

•••The plants world

- Blue Bedder** (*Echium plantagineum*)
Bramble (*Rubus ulmifolius*)
Broom (*Retama sphaerocarpa*)
Bulrush (*Typha latifolia*)
Buttercup (*Ranunculus* sp.)
Canary Sticky Broom (*Adenocarpus telonensis*)
Common Hawthorn (*Crataegus monogyna*)
Common Smilax (*Smilax aspera*)
Dandelion (*Taraxacum officinale*)
Fern (*Pteridium aquilinum*)
Flax-Leaved Daphne (*Dagne gnidium*)
Foxglove (*Digitalis purpúrea*)
French Lavender (*Lavandula stoechas*)
Gorse (*Genista hirsuta*)
Greasy/Gum Rockrose (*Cistus ladanifer*)
Gurumelo (*Amanita ponderosa*)
Laurustinus (*Viburnum tinus*)
Lesser Calamint (*Calamintha nepetta*)
Mastic Thyme (*Thymus mastichina*)
Mastic Tree (*Pistacea lentiscus*)
Moss
Myrtle (*Mirtus communis*)
Navelwort (*Umbilicus pendulinus*)
Oleander (*Nerium oleander*)
Peony (*Paeonia broteroi*)
Pine (*Pinus* sp.)
Prickly Pear Cactus (*Opuntia ficus-carica*)
Purple Phlomis (*Phlomis purpurea*)
Reed (*Juncus* sp.)
Rosemary (*Rosmarinus officinalis*)
Sage (*Salvia*)
Sageleaf Rockrose (*Cistus salvifolius*)
Strawberry Tree (*Arbutus unedo*)
Tamujo (*Flueggea tinctoria*)
Terebinth Tree (*Pistacia terebintus*)
Wavyleaf Mullein (*Verbascum sinuatum*)
White/Steppe Rockrose (*Cistus albidus*)
White Spanish Broom (*Cytisus multiflorus*)
Wild Asparagus (*Asparagus acutifolia*)
Wild Carnation (*Dianthus lusitanicus*)

•••Trees

- Almond Tree** (*Prunus dulcis*)
- Ash-Tree** (*Fraxinus excelsior*)
- Black Poplar** (*Populus nigra*)
- Common Hawthorn** (*Crataegus monogyna*)
- Common/White Mulberry** (*Morus alba*)
- Cork Oak** (*Quercus suber*)
- Eucalyptus Tree** (*Eucalyptus globulus*)
- Fig Tree** (*Ficus carica*)
- Holm Oak / Ilex** (*Quercus ilex*)
- Italian Stone Pine** (*Pinus pinea*)
- Kermes Oak** (*Quercus coccifera*)
- Narrow-Leaved Ash** (*Fraxinus angustifolia*)
- Olive Tree** (*Olea europea*)
- Orange Tree** (*Citrus sinensis*)
- Pommegranate Tree** (*Punica granatum*)
- Portuguese Oak** (*Quercus faginea*)
- Sweet Chestnut Tree** (*Castanea sativa*)
- Walnut Tree** (*Juglans regia*)
- White Poplar** (*Populus alba*)
- Wild Iberian Pear Tree** (*Pyrus bourgaeana*)
- Wild Olive Tree** (*Olea europea silvestris*)
- Willow Tree** (*Salix alba*)

THE ANIMAL WORLD

•••Birds

- Beaudouin's Snake Eagle** (*Circaetus gallicus*)
- Bee-Eater** (*Merops apiaster*)
- Black Kite** (*Milvus migrans*)
- Black Sork** (*Ciconia nigra*)
- Black Vulture** (*Aegypius monachus*)
- Blue Rock-Thrush** (*Monticola solitarius*)
- Blue Tit** (*Parus caeruleus*)
- Bonelli's Eagle** (*Hieraetus fasciatus*)
- Booted Eagle** (*Hieraetus pennatus*)
- Common Buzzard** (*Buteo buteo*)
- Chaffinch** (*Fringilla coelebs*)
- Great Tit** (*Parus major*)
- Common Kestrel** (*Falco tinnunculus*)
- Common Nightingale** (*Luscinia megarhynchos*)
- Common Redstart** (*Phoenicurus phoenicurus*)
- Common Swift** (*Apus apus*)
- Common Wood Pigeon** (*Columba palumbus*)
- Corn Bunting** (*Miliaria calandra*)

Egyptian Vulture (*Neophron percnopterus*)
Eurasian Crag Martin (*Ptyonoprogne rupestris*)
Eurasian Eagle-Owl (*Bubo bubo*)
Eurasian Wryneck (*Jynx torquilla*)
Golden Eagle (*Aquila chrysaetos*)
Golden Oriole (*Oriolus oriolus*)
Goldfinch (*Carduelis carduelis*)
Great Tit (*Parus major*)
Red-Rumped Swallow (*Hirundo daurica*)
Greenfinch (*Carduelis chloris*)
Grey Heron (*Ardea cinerea*)
Griffon Vulture (*Gyps fulvus*)
Hawfinch (*Coccothraustes coccothraustes*)
Hoopoe (*Upupa epops*)
Lesser Spotted Woodpecker (*Dendrocopos minor*)
Little Grebe (*Tachybaptus ruficollis*)
Little Owl (*Athene noctua*)
Long-Tailed Tit (*Aegithalo caudatus*)
Mallard (*Anas platyrhynchos*)
Mistle Thrush (*Turdus viscivorus*)
Montagu's Harrier (*Circus pygargus*)
Orphean Warbler (*Sylvia hortensis*)
Red Kite (*Milvus milvus*)
Red-Rumped Swallow (*Hirundo rustica*)
Redwing (*Turdus iliacus*)
Rock Bunting (*Emberiza cia*)
Rock Sparrow (*Petronia petronia*)
Song Thrush (*Turdus philomelos*)
Spotted Flycatcher (*Muscicapa striata*)
Stork (*Ciconia ciconia*)
Thekla Lark (*Galerida theklae*)

•••Mammals

Badger (*Meles meles*)
Common Genet (*Genetta genetta*)
Deer (*Cervus elaphus*)
Egyptian Mongoose (*Herpestes ichneumon*)
Fox (*Vulpes vulpes*)
Garden Dormouse (*Eliomys quercinus*)
Iberian Pig (*Sus scrofa ssp. domestica*)
Otter (*Lutra lutra*)
Wild Boar (*Sus scrofa*)

•••Fish

Common Iberian Barbel (*Barbus bocagei*)

European Eel (*Anguilla anguilla*)

Iberian Barbel (*Luciobarbus comiza*)

Iberian Nase (*Chondostroma polylepis*)

Iberian-Roach (*Tropidophoxinellus alburnoides*)

Jarabugo (*Anaecypris hispanica*)

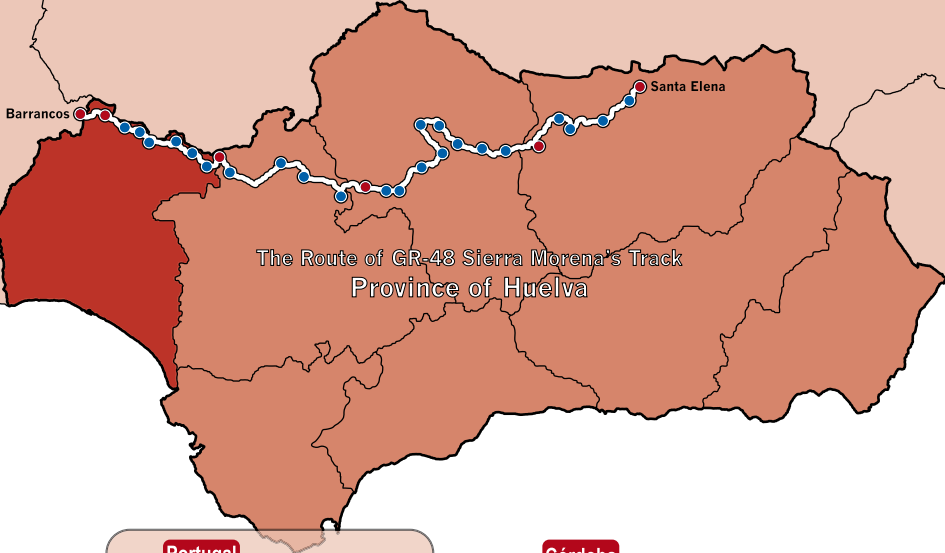
Lake Trout (*Luciobarbus microcephalus*)

Pardilla (*Rutilus lemmingii*)

•••Amphibians

Common Toad (*Bufo bufo*)

Water Frog (*Pelophylax perezi*)



The Route of GR-48 Sierra Morena's Track
Province of Huelva

- Portugal**
- Barrancos
- Huelva**
- Encinasola
- Cumbres de San Bartolomé
- Cumbres Mayores
- Hinojales
- Arroyomolinos de León
- Cala
- Santa Olalla del Cala
- Sevilla**
- El Real de la Jara
- Almadén de la Plata
- Cazalla de la Sierra
- Constantina
- La Puebla de Los Infantes

- Córdoba**
- Hornachuelos
- Posadas
- Almodóvar del Río
- Santa Maria de Trassierra
- Cerro Muriano
- Villaharta
- Obejo
- Presa del Guadalmeñato
- Adamuz
- Montoro
- Jaén**
- Marmolejo
- Santuario Virgen de la Cabeza
- Viñas de Peñallana
- Baños de la Encina
- La Carolina
- Santa Elena

The GR-48 'Sierra Morena' Path covers some 590 kilometers through the provinces of Huelva, Sevilla, Córdoba and Jaén in Andalucía although the route starts off at Barrancos, a small village in Portugal.

Four different rough guides have been produced for a better understanding and interpretation of this long distance trail. Each guide suits each one of the provinces covered by the GR-48 Path.

This one is about the 110 kilometers through the Province of Huelva. This is an 8 stages route through the Sierra de Aracena y Picos de Aroche Natural Park. The trail matches some important traditional paths and tracks in the region. The landscape comprises a large variety of lush Mediterranean wood and undergrowth together with pastures fully devoted to livestock farming. This is a region where tradition and Nature still relate harmoniously; where people incorporate natural values to their own lifestyle and personal development. Definitely, hiking in Sierra de Aracena y Picos de Aroche region will be an unforgettable experience.

